

Poringland Community Cinema at Poringland Community Centre
FLORENCE FOSTER JENKINS (PG) Friday 14th OCTOBER
 Tickets £5, Includes cup of tea or coffee before the show
 Doors open 6.45pm film starts at 7.30pm, Tickets at Budgens or on the door.



2016 Light Party coming soon!

Fun & Games Food & Drink Craft & Prizes

All primary school age children welcome

Monday 31st October, 5.30-7.30pm in the Church Hall

Email admin@venta-group.org

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admin@venta-group.org

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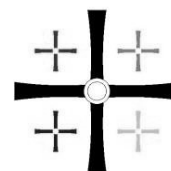
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Free For All

The Magazine of the Venta Group
 Arminghall, Caistor St Edmund, Stoke Holy Cross with Dunston
 October 2016

Church is.....

Language you
 can understand

contemporary
 music

New ways
 to pray

A place for questions



Good coffee!



....a place for everyone

Sunday 4 Everyone

10.30am in the Church Hall

4th Sunday every month , continuing 23rd October

This summer has been another wonderful season of sport, with first the Olympics and the Paralympics capturing our imaginations along with our airtime. I wonder which of the events or medal winners captured your imagination the most?

The Olympics had much to appreciate again, from Mo Farah defending both his titles from London, to Nick Skelton 'finally' winning the show-jumping at the age of 58. Many of us will have been even more captivated by the Paralympics, as a collection of extraordinary athletes brought home an even more extraordinary collection of medals, all of them winning the race despite the many obstacles and difficulties put in their way.

In the few days since the Paralympics, yet another sporting event has caught my eye. In the final event of the World Triathlon Championships in Mexico, British athlete Jonny Brownlee, who had been leading, began to struggle badly towards the end, weaving badly from one side of the road to the other as he suffered the effects of extreme dehydration. As the second-placed athlete passes him, Jonny's brother Alistair appears in third. Rather than carrying on past him in the hope of catching the leader, he picks up his brother, drapes him over his shoulder, and pretty much carries him to the end, dropping him across the line to make sure that he finishes first.

The internet, unsurprisingly, is full of this heart-warming story. The idea that someone would put a fellow competitor—even his brother—first is an unusual one. But for those of us familiar with what the Bible says about Jesus, the image of being helped to finish the race is a familiar one. Paul reflects on the way we can't find our way to God on our own—our own tendency to stagger in all different directions, even within sight of the finish line—but rejoices that 'God has given us the victory through the Lord Jesus Christ.' The truth that Jesus has won for us all the things we cannot, like forgiveness, relationship, and eternal life with God, is at the heart of what we believe, and invites us once again to run the race with him.



Churchwardens

Stoke Holy Cross & Dunston

Viv (493438) & Peter (471529)

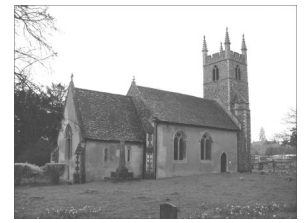
Arminghall

Caistor St Edmund

Pat (492622) & Annie (495580)

Jani (493572) & Graham (493430)

Stoke Holy Cross with Dunston



Getting together to talk about prayer, Wednesday 5th October

As we respond as churches to the Diocese's call to continue to grow in Discipleship, Service and Numbers, I am more and more aware of the need to pray. In the New Year, we will give time like we did last January to thinking about prayer, and this year we will respond to the struggle that many of you have expressed to me about finding the time, discipline or energy to spend time with God for ourselves. I am excited that once again this year we will have visiting speakers including Bishop Graham to help us to do this.

In the meantime I would love to do some thinking about the ways that we pray together, and I would be really glad if any and as many of you as possible would come and join at the Vicarage for coffee (& equivalents!), cake, discussion and a bit of prayer on Wednesday 5th October at 7.30pm. Just turn up on the day – and if you feel keen to bring a cake, please do let me or Cathryn know! This is in the place of the Stoke Prayer House meeting so this evening should already be in some diaries anyway!

Here are a couple of things I think worth pondering, and you might have other ideas to bring along and throw in...

- Shall we keep doing the evening monthly meeting as it is or shall we change that?
- I want to suggest a daytime monthly meeting following the House of Prayer format...
- Could we have some sort of prayer meeting/service in Arminghall and Caistor every month so that there is something in all 3 parishes?
- How are the intercessions? What is it like preparing them? what help do you need, and what ideas do you have that others might find helpful?
- And anything you want to add in...

Hope this excites you/ whets the appetite a bit – please do come and join us!



Stoke Holy Cross Fuel Allotment Trust

The Trustees of the above charity invite anyone living in the Parish of Stoke Holy Cross who is suffering from "need, hardship, or distress" to apply to the charity for a fuel grant or other assistance. Application forms are available in 'Lower Stoke' from The Mill Store, or in 'Upper Stoke' from David Dobson, 25 Carol Close, NR14 8NN. Please note: applications must be received before 30th November 2016

cafe church

Sunday 2nd October
10.30am
Stoke Church Hall
Breakfast, chat, songs,
craft, prayer, thought for
the day...

Sparklers
**Sparklers welcomes all babies,
toddlers and pre-schoolers
with their parents & carers.**

Tuesdays 10-11.30
Stoke Holy Cross Church Hall



Sparklers Stoke Holy Cross

St George's Hall Dementia Support Café

Providing a comfortable, caring and supportive social setting for people suffering from dementia and their carers, the St George's Dementia Support Group:

- offers friendship, emotional support, refreshments and a variety of enjoyable activities to inform, stimulate and entertain, plus occasional subsidised group excursions
- incorporates an optional Carer's Meeting to provide invaluable sharing of ideas, practical support and advice
- meets on 2nd and 4th Mondays of each month (not Bank Holidays) - 10am to 12pm midday at St George's Hall, Long Lane, Upper Stoke Holy Cross, NR14 8ND (on-site parking)
- is run by a team of dedicated volunteers and supported entirely by donations, grants and fund-raising activities

further details - 01508 493661 / 01508 492938 or why not simply drop in to one of our meetings? (New volunteers also always welcome!)



Free For All November 2016

Please send articles for the November magazine to Angela Bell by the 16th October, email admin@venta-group.org

St George's Hall bookings: Joyce Williams 492143
Stoke Church Hall bookings: Viv Carrington 493438
Stoke Holy Cross pavilion bookings: Barbara Cattermole
(Parish clerk) 530739

Services for October

2nd October—19th Sunday after Trinity

9am Traditional Holy Communion
10.30am Café Church
4pm Traditional Holy Communion

Caistor St Edmund
Stoke Church Hall
Dunston

9th October—20th Sunday after Trinity

9am Traditional Holy Communion
10.30am Informal Holy Communion
with children's groups
6.30pm Reflective (Taize) Service

Arminghall
Stoke Holy Cross

Caistor St Edmund

16th October—21st Sunday after Trinity

9.30am Family Service
11am Traditional Holy Communion
6.30pm The Gathering

Caistor St Edmund
Stoke Holy Cross
Stoke Holy Cross

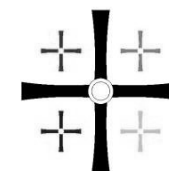
23rd October—Last Sunday after Trinity

9am Traditional Holy Communion
10.30am Sunday 4 Everyone
4pm Shoebox Service

Caistor St Edmund
Stoke Church Hall
Arminghall

30th October—4th Sunday before Advent

10.30am Group Service of Holy Communion Caistor St Edmund



Our brand new **Venta Group website** is now live—all the events in all the churches and more in one place!

Can you help us? To add colour and life to the website we need as many pictures as possible of church events and services. If you have anything from recent activities that might prove helpful, please email them to Angela at admin@venta-group.org. Thank you very much!

Vicar of The Venta Group

Stoke Holy Cross with Dunston, Arminghall and Caistor St Edmund

Rob Baker

The Vicarage, Mill Road, Stoke Holy Cross, NR14 8PA
rob@venta-group.org 01508 492305

Church Administrator Angela Bell admin@venta-group.org 491619
(please ring Angela during office hours rather than evenings or weekends)
www.venta-group.org @venta-group



Caistor St Edmund

CREAM TEAS

Once again we were pleased to see both old and new friends for the Cream Teas on Saturday and Sunday afternoons in August and the first weekend in September. We thank everyone who came whether it be just once or, for some folk each weekend, your support, in what was our 6th year of Cream Teas, was greatly appreciated

Thank you to all who helped with scone making, taking orders, washing up and selling cakes etc., without this help it would not have been the success it was as just over £1,900.00 was raised for the church.

We hope to see you all again in 2017.

HARVEST FESTIVAL

As in previous years we were pleased that some of the young people and members of staff from the Children's Home in Beccles, now renamed as Elizabeth House, were able to come to the Harvest Service. A very large selection of harvest gifts had been brought to the service and we thank everyone who gave these and we have received a big thank you from Elizabeth House for all the gifts.

Poppy Collecting

I am still looking for help please with the House to House collection for the Poppy Appeal in late October/early November in Caistor Lane and Southwood Drive. Offers please to Graham Ford (493430)



Arminghall

The Harvest Supper was held on Saturday 17h September in the village hall. 14 people were there and all had a very good time.

Operation Christmas Child.

The Shoebox packing will take place at Bluebell Lodge on Saturday 15th October from 10.00am.

Helpers and box fillers please.

The Shoebox Service is on Sunday 23rd October at 4.00pm

There will be a Christmas Coffee Morning on Saturday 12th November in the Village Hall 10.00am to 12 noon. Pat & Jim Howlett 6 Church Close Arminghall Norwich, NR14 8SE 01508-492622

Thursday Club at St George's Hall

Our next meeting will be held on Thursday 6th October.. We meet at St. George's Hall Upper Stoke 1.30pm for 2pm. Please come along and join us for an enjoyable afternoon of tea and chat, you will be made very welcome. Please contact our chairperson Susie Curson for further details on 01508 493990. We will be holding a jumble sale in St. George's Hall on Saturday 8th October from 1pm-3pm, entrance 20p. Please leave any jumble at the hall from 11am on the day. We are having an outing on Tuesday 25th October to Wroxham and then onto the Butchers Arms at East Ruston for lunch, the cost for this is £15. If you are a member of the club this will be free. For further information on menu choice and to book a seat please contact Liz Smith 01508 493245.

Bingo - Wednesday October 12th and 26th - eyes down 1.45pm

Carpet Bowls - Wednesday October 5th and 19th - 1.30pm start - cost £2

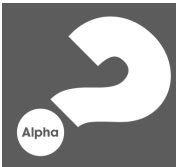
Stoke Holy Cross Church Hall



Monday 9.00-1.00

Wednesday 1.15-4.15

We are making plans to run the **Alpha Course** again, either after half-term, or more likely from January



2017. To do this we need your help—please start praying now, and start mentioning **now** to friends and neighbours.

From the registers:

Funerals:-

Richard (Dick) Goose, Stoke Holy Cross, Earlham Crematorium 5th September

Joyce Elmer, Stoke Holy Cross, 24th September

Bixley PC Meeting

October 7th at Arminghall Village hall from 7-9pm

Stoke Holy Cross Tuesday Group, Stoke Church hall

October 18th—Paul Howe, Running a smallholding. October 22nd Autumn Supper

Stoke Holy Cross Matinee Group

Thursday October 13th
Finding and collecting old toys—
David Cooke