

Free for All



THE MAGAZINE OF THE VENTA GROUP

MAY 2017



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Free for All



What Easter means to me and you

I wonder what the Resurrection means to you. For me, it is the single most important event in the whole history of the cosmos. Because what it means is that God has overcome death. Jesus who died for our sins is raised for our new life. He's raised to new life. And that doesn't just change our perceptions of the world around us, it changes the reality of the world around us. It is the victory of God in a way that is dramatic, extraordinary and transformational for the whole of human life, and for every single human life, for every society, for every country, for every future. And it's something that we just have to reach out and take hold of, by prayer, to make it true for ourselves.

If you are wondering what happened over Easter this year to make me so much better at writing, then I will let you into a little secret: the whole of the previous paragraph was written by the Archbishop of Canterbury, or at least it is what he says in a lovely little video clip that has recently been uploaded to his Facebook page. And it is absolutely and utterly the centre of everything that

Christians believe. It is, in fact, the one thing on which Christianity stands or falls: amongst various extraordinary words that St Paul uses when he writes about the centrality of the resurrection is that without it our faith is useless.

Useless is a strong word, especially when you consider the way we often talk about faith. We might say that it helps someone else but isn't important to us; we might even say that as long as it helps that someone, it really doesn't matter if it is true or not. But Paul is saying something quite different; like the Archbishop of Canterbury, he is convinced that no event in history comes close to its importance. He left behind a life of status among the Jews, gained in part from persecuting the first Christians, to be at constant risk of imprisonment or death, because he had found just what you read above: that Jesus had died for him, was raised to new life, and that it changes everything. It is for all of us, and it is for each of us. And it's something that we just have to reach out and take hold of, by prayer, to make it true for ourselves.

VICAR OF THE VENTA GROUP

Stoke Holy Cross with Dunston, Arminghall and Caistor St Edmund
Rob Baker, The Vicarage, Mill Road, Stoke Holy Cross, NR14 8PA
rob@venta-group.org 01508 492305

CHURCH ADMINISTRATOR

Angela Bell admin@venta-group.org 01508 491619
(please ring Angela during office hours rather than evenings or weekends)
www.venta-group.org [@venta-group](https://twitter.com/venta-group)

CHURCHWARDENS

Stoke Holy Cross & Dunston
Viv (493438) & Peter (471529)

Arminghall

Pat (492622) & Annie (495580)

Caistor St Edmund

Jani (493572) & Graham (493430)

ST GEORGE'S HALL BOOKINGS:

Joyce Williams 492143

STOKE CHURCH HALL BOOKINGS:

Viv Carrington 493438

STOKE HOLY CROSS PAVILION BOOKINGS:

Barbara Cattermole (Parish clerk)
530739

FROM THE REGISTERS

BAPTISM

Sophie Edmunds
Sunday 2nd April
Holy Cross Church
Stoke Holy Cross

BURIAL OF ASHES

Angus Mackenzie
Saturday 1st April
St. Mary's Church
Arminghall

We continue to pray for all those who have lost loved ones recently, or are remembering someone particularly at this time of year. We are always happy to record the names of anyone from the villages whose funeral has been held recently, even if it wasn't taken by a member of our ministry team.

FREE FOR ALL JUNE EDITION

Items for next month's magazine
please send by email to
ventfree4all@outlook.com
by 10th May at the latest.

The 10th of the month will be the
deadline for all copy for the next
magazine for the time being.



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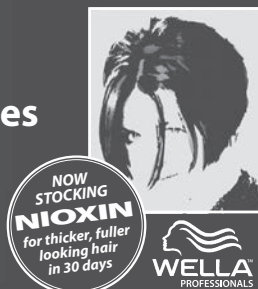
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Stoke Holy Cross Parish
Council chairman and
school governor Lyn
Marsh will soon embark
on the next phase of
her life journey.

Are we nearly there yet? is the cry heard in many families as they journey by car to their holidays or to visit friends and family. I am nearly there myself having been on a journey for several years. It really started 18 years ago. I was finishing training to be a licensed lay leader (Reader) in the Church of England. I felt God saying, he was calling me to be ordained. However, I ran away from the call, and excused myself – after all I was about to give birth to my second child, he couldn't possibly want me now. My daughter was safely born and shortly afterwards we welcomed a new incumbent to the village, Rosie Bunn. Within six months Rosie told me she felt God was calling me to be ordained. This time my excuse was, I had been encouraged by my employers to do a degree (and they were prepared to make a financial contribution) in order for me to have promotion.

In addition, in the back of my mind was the fear I wasn't clever enough. After six years I gained an Open University degree, I got a promotion too. But I still wasn't there.

One Sunday morning caught me by surprise. The Church of England, like any organisation, has certain requirements of who can do what! To oversee a communion service you need an ordained person, except in exceptional circumstances when a communion by extension service may take place. On this particular Sunday we held such a service at Stoke Holy Cross parish church and Rosie asked me to lead it. Standing behind the communion table,

looking over the sea of faces and taking hold of the bread and wine God met with me. I was awestruck. Ever had one of those moments? A moment when you lose your voice, you can just look but feel it's good, it's ok. I knew then I had to respond.

It took me another few years to respond. In fact another person at my work place, the chaplain at the University of East Anglia, had to tell me I was called to be ordained before I ventured to mention it to Rob. Rob directed me to speak to a Diocesan Vocations Adviser who I met for 6 months before being allowed to go to the next stage of the vocations process. I was interviewed by two independent assessors in the Diocese before being recommended to go for a national selection conference. I was so excited. I couldn't wait to tell my mum but I never got the chance. She died. I was offered the chance to move to another date but I decided I still wanted to go ahead.

The conference (BAP) took place in Ely. There were 15 other candidates with me for three days. It was an intensive three days of interviews, tests, talks and group work, under the careful eye of three examiners. That was in May 2014. I was selected to begin training for ministry and started in August 2014. Sadly in December 2014 my father died. I had my plans, my dreams of all my family being with me on my journey but I lost both of my parents along the way but I am reminded We may make our plans but God has the last word (Proverbs 16:1). And God has. God has been a light in dark times on this journey. God has brought alongside me wonderfully supportive family, friends, work colleagues and fellow trainees. God has provided strength when I felt weak on my journey. For the last three years I have attended evening classes and residential weekends. Completed various tasks, essays and placements. It's been a hard slog yet I'm not there yet.

Even as I am ordained on 1 July, my journey is not completely over. I suppose I've reached a service station, for the journey has not come to an end. I'm about to start a new part of the journey but I'm glad to report that I am no longer running away in the opposite direction. I'm running the race God has set before me and I will run it with perseverance with Jesus as my example (Hebrews 12:1). Anyone want to join me?

Anyone who would like to see Lyn being ordained by the Bishop is very welcome to come along to Norwich Cathedral for the service which starts at 10:30am on Saturday 1st July.

Free for All



SERVICES FOR MAY IN THE VENTA GROUP OF CHURCHES

7th May	4th Sunday of Easter
9.00 am	Traditional Holy Communion Caistor St Edmund church
10.30 am	Morning Worship and Baptism with children's group Stoke Holy Cross church
4 pm	Traditional Holy Communion Dunston church
14th May	5th Sunday of Easter
9.00 am	Traditional Holy Communion Arminghall church
9.30 am	Praise and Worship Caistor St Edmund church
10.30 am	Café Church Stoke Holy Cross Church Hall
21st May	6th Sunday of Easter
9.30 am	Family Service Caistor St Edmund church
11.00 am	Traditional Holy Communion Stoke Holy Cross church
6.30 pm	The Gathering Stoke Holy Cross church
Thursday 25th May	Ascension Day
9.30 am	Venta Group Ascension Day Service Caistor St. Edmund church
28th May	7th Sunday of Easter Sunday after Ascension
9.00 am	Traditional Holy Communion Caistor St Edmund church
10.30 am	Sunday 4 Everyone Stoke Holy Cross Hall
4.00 pm	Evening Service Arminghall church

We always do our best to come and say hello to new people moving into the villages where possible, and are happy to come and visit if you would like us to pray God's blessing over your new home, for example. Please be in touch with Rob or the churchwardens if you would like us to come and see you...



PORINGLAND COMMUNITY CINEMA

at Poringland Community Centre

A STREET CAT NAMED BOB (12A)

Friday 12th May

Based on true feel good story of how James Bowen a busker and recovering drug addict had his life transformed when he met a stray ginger cat

Stars: Luke Treadaway and Bob the cat

Tickets £5

Includes tea or coffee before the show. Doors open 6.45pm film starts at 7.30pm. Tickets on sale at Budgens, The Library or on the door

BUENA VISTA SOCIAL CLUB

at Poringland Community Centre

Friday 5th May

FILM NIGHT

Annual Subscription £10
Or one night membership £5

Come along and join

For more information phone
Maureen on **01508 494358**
Or Carol on **01508 492630**

Doors open 7pm film starts 7.45pm



Good Friday at Stoke Holy Cross

As well as the church service at Caistor St Edmund on Good Friday, there were several Easter activities taking place in Stoke Holy Cross. Did you see a group of people carrying a cross around some of the local roads? Or perhaps you saw the outdoor service at the Church Hall. If

you have children maybe you joined in some of the craft activities, or just enjoyed the free cakes, at the Pavilion. Or perhaps your children took part in the Easter egg hunts in the playing field. We really enjoyed a range of activities to remember the importance of Good Friday as you can see.



Caistor Dates for your Diaries

Thursday May 4th is the first of our Coffee Mornings at Caistor St Edmund church from 10.00 am to 12 noon. Do please call in for coffee, cake and a chat.

This is a very informal opportunity to meet up with friends, make new friends and get together as a community. Bring the dog too if you are walking him or her.

If you cannot make the 4th then each Thursday for the rest of May and all of June there will be coffee in the church from 10am to 12noon.

On Friday 4th August 2017 there will another of the special 'Picnic to Music' evenings in the Caistor Old Hall Gardens, again by kind permission of Ann and Antony Jarrold.

One of Norfolk's top singing entertainers, Stacy Collins, will bring her mix of music with the fabulous Simon Brown on piano. An evening not to miss - so please 'save the date.'

This will be our third picnic in the Old Hall Gardens, the previous two being most sociable and enjoyable, so do please plan to join us. Tickets will go on sale in June and will be the same price as before, only £15, which includes a glass of fizz on arrival. The event is from 7pm but gates will be open from 6pm for early picnickers. It would be great if you could bring some friends along and to encourage small parties you will can buy 10 tickets for the price of 9 (ie £135 for 10). Call Jani on 01508 493572



SPARKLERS

Sparklers welcomes all babies, toddlers and pre-schoolers with their parents and carers. Tuesdays 10-11.30 during school term. Stoke Church Hall.

Contact Cathryn 01508 429305, cathryn.baker@googlemail.com, Sparklers Stoke Holy Cross. Just turn up and join in!

Saint Mary's Church Arminghall

A big thank you to all who joined us for the two Lent Breakfasts held in Arminghall, bacon rolls should be the staple diet!! and also a big thank you to Lyn who led us through the Pilgrim course.

We are still collecting used stamps for The Hearing Dogs For Deaf People charity. Please keep your used stamps, there is a collecting box in the church or give them to Pat.

It will soon be time for the shoebox appeal, time goes so quickly. Please start collecting or knitting so we can beat last year's 54 boxes.

We have a "Church Open" banner on the roadside outside the church & there are still plenty of jars of preserves to purchase in the church. The church is open daily from 9.00am to 5.00pm. Please come & look round & enjoy the peace & quiet reflection.

We would love to feature your village organisation in a future magazine with an article of this kind – just get in touch and we will see what we can do!
Email admin@venta-group.org

St George's Hall Dementia Support Cafe



A comfortable, caring and supportive social setting for people living with dementia and their carers meeting on 2nd and 4th Mondays of each month (not Bank Holidays) from 10am till 12 noon at St George's Hall, Long Lane, Upper Stoke Holy Cross, NR14 8ND.

We run occasional subsidised excursions. Also included is a separate carers' meeting place providing an adjoining space to relax and useful for sharing of ideas, practical support and advice.

The Café is run by a team of dedicated and caring volunteers, and funded entirely by donations, grants and fund-raising activities.

Dates for May are 8th and the 22nd which will be an outing to Pensthorpe so no Cafe that day. For further details of the trip ring 01508493661 or 01508492938.

Newcomers are always very welcome to simply drop in to the Café (or ring one of the above numbers before to learn more if you wish). And we are naturally delighted to welcome any new volunteers, even if you can't come every time.

The Caistor Annual Litter Pick with Barbeque afterwards

Can you spare a little time to come along and help maybe?

The litter pick will take place around Caistor on Wednesday 24th May. Usually late afternoon to early evening. Volunteers are needed and asked to please contact Mrs Jeanette Utting, Chairman of the Parish Council, telephone 01508 494198 who is co-ordinating this on behalf of the Parish Council. You will be provided with bags, picking equipment,

gloves and high visibility vests and at the end of the picking there will be a BBQ at the church.

Please help if you can, even for a short while, you will be surprised how much litter is lurking on the road side which can soon accumulate and possibly be a hazard to the wild life.



ARMINGHALL VILLAGERS TURN OUT TO CELEBRATE LOCAL COUPLE'S DIAMOND WEDDING

Mary & Leslie Dawson from Arminghall were married on 3rd April 1957 in Kirby Bedon church & we wish to congratulate them on their diamond wedding anniversary.

A celebration lunch was held at the Oaklands Hotel on Sunday 2nd April for family & friends which was attended by 36 people who had an excellent time. We wish to thank Mary & Les & their children Wendy, Jenny & John for this special occasion & look forward to the Platinum anniversary in 10 years time.

CAISTOR CREAM TEAS

Summer is not far off and we are already planning for the Cream Teas at Caistor Church. This year they will be served on Sundays only in July and August. There will be a special "Afternoon Tea" event on a Saturday, date to be announced, which will be pre-bookable and payable in advance. More details next month.

CAISTOR SAINT EDMUND CHURCHYARD



Unfortunately this stone was damaged by a tree fall in a recent storm. We have not been able to contact the heirs at law of Mr and Mrs Fisher in case they might like to repair it: if anyone has any information or contact details for the family we would be pleased to hear from you.

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STOKE HOLY CROSS TUESDAY GROUP

May 16th 7:30pm

Talk by Ruth Smith

"THE DAY I WAS A RAINDROP"

about her life in the East End

Everyone is very welcome.
Maybe bring some
neighbours or friends

GOOD CHILDREN'S JOKES NEEDED

Hello to any
Stoke Holy Cross school children.
Can you help?

We wondered if any of you had a
favourite new simple joke you would
like to share in the next edition of the
Free 4 All.

If so please send them by email to
ventafree4all@outlook.com and yours
just might get picked to appear.

POST OFFICE
Stoke Church Hall,
Mondays 9am-1pm,
Weds 1.15-4.15pm

Caistor St Edmund Community Governance Review 2017-18

Caistor St Edmund Parish Council
invites you as a resident of the
Parish to have your say on the South
Norfolk Community Governance Review
2017-2018.

TO HAVE YOUR SAY PLEASE COMPLETE
THE SURVEY; <http://www.smartsurvey.co.uk/s/communitygovernancereview1/>
This will only take a short space of time only
11 questions in total and if you are happy

with your current Parish arrangements only
7 questions to complete. Closing date
for responses is 12th June 2017. Further
information can be found on the Parish
Council noticeboards or website.

If as a resident you would like to be kept
up-to-date with Parish Council News please
provide your e-mail address to the Parish
Clerk @ csepc@hotmail.co.uk.

Stoke Holy Cross Thursday

Our next meeting will be on Thursday
11th May, 2017 at St. Georges Hall,
Upper Stoke at 1.30pm for 2pm.

Come along for an enjoyable afternoon of
cards, domino's or just a chat with friends, you
will be made very welcome.

Bingo -

Our dates for May are 10th and 24th - we
commence at 1.45pm

Carpet Bowls -

Our dates for May are 3rd, 17th and 31st - we
commence at 1.30pm - cost for this is £2

Jumble Sale -

We are holding a jumble sale in St. George's
Hall on Saturday 20th May, 2017 - 1pm - 3pm
20p entry

All proceeds will be donated to the Nook
Appeal

Baptism Wordsearch

thewordsearch.com

A wordsearch to celebrate our April and May Baptisms. Can you find all the hidden words?

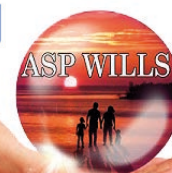
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O	R	I	A	S	E	O	S	I	G	E	F	D	S	SIGN
T	E	G	T	W	A	T	E	R	I	I	A	N	P	CANDLE
H	V	H	H	I	V	J	S	O	I	L	N	A	L	LIGHT
E	I	T	E	E	E	L	I	G	I	S	T	C	A	WATER
S	R	I	R	R	N	B	G	E	T	J	C	F	D	FONT
C	H	R	I	S	T	E	N	I	N	G	O	I	R	INFANT
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														SON
														FATHER
														HEAVEN
														DOVE

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Just like a safety deposit box, assets can be added
and removed from the Trust during your lifetime, most
people will protect their home and their savings. You
are named as the "Principal Beneficiary" of the Trust
and retain full control of the assets within the Trust
while you are alive and have mental capacity. You are
free to move home, or release equity from the trust at
any time. As the Principal Beneficiary of the Trust, you
have a guaranteed right of occupation in the Property
for the remainder of your life.

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Consider these five things:

- Re-marriage
- Large probate fees
- Unreliable children
- Incapacity
- Care costs

Did you know that...

Currently, one in three
women and one in four
men go into some sort of
care? If you have assets
of £23,250 (this includes
your home) or above you
must fully fund all of your
care fees.

To find out more about setting up a
Family Asset Preservation Trust,
Lasting Powers of Attorney or a Will call

01508 494315

email sales@aspwills.co.uk | www.aspwills.co.uk

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