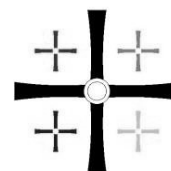
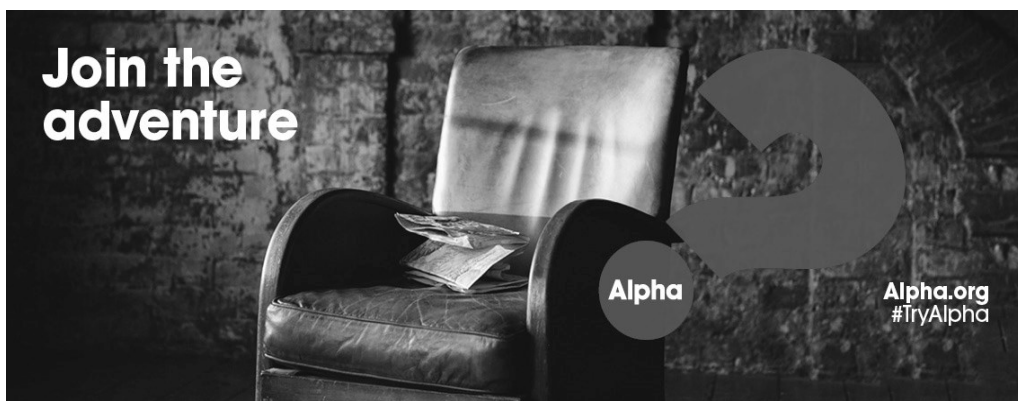


Free For All advertising

We are planning to make some exciting changes to the format of the Free For All magazine in 2017, so we are not taking any further advertisements at the moment. We think we have been in touch with all our existing advertisers to let them know more about the ideas that we have for the years to come—please let us know if you haven't heard.

Spruce Landscapes, Fencing, Patios, hedge & tree work 07719407351 494038
Architectural services, Call Mark Woods for Advice and free quote 498805
PC Assist. quality computer repair service www.pcassistonline.co.uk 471459
The Anchorage Fitness Centre www.anchorage-pool.com 07986 325282
The Anchorage Pool and Tennis Court www.anchorage-pool.com 494032
R.B.Copping Funeral Services, Poringland 01508 494434
Handy Man Ian, Property Maintenance & Gardening 07936197178/ 491619
T.J.L. Car repairs, At your service 493843
Simon Wells, Patios, Fencing, Hedge Trimming, Tree Lopping 495528
Justin Cogman Landscaping, fencing, patios etc. 07957858660 / 491155
Aline Turner ACA tax returns/accounts/bookkeeping 550403/ 07785 528069
Tutor available for GCSE Sciences. Linda Dennis 01508 491857
TIME FOR YOU Domestic cleaning norwich@timeforyou.co.uk 495520
Tutor Maths & Sciences to GCSE 3Rs - fayre@me.com 07939 242262
Peter Moore Architectural Drawings, free advice and quotation 494288



Free For All

The Magazine of the Venta Group
 Arminghall, Caistor St Edmund, Stoke Holy Cross with Dunston
 March 2017

Look out next month for your local village magazine in a brand new format!



At this time every year we spend time together as churches finding ways to deepen our faith, and learn more about God's love for us. This year we will be thinking together about the Bible, using some different words the Scriptures use to describe themselves. Whether you have spent years reading the bible, or are just curious about it and want to find out more, we would love you to come and join us. This year we will be having a series of breakfasts around the villages where we can spend more time getting to know God and each other better, with some food, listening, talking, and prayer. Everyone is welcome to join us. Email lent@venta-group.org to join in. 8.30-10am every week.

4th March, Arminghall Village Hall	25th March, Stoke Church Hall
11th March, Caistor Church	1st April, Stoke Church Hall
18th March, Caistor Church	8th April, Arminghall Village Hall

Since last summer we have been working together as churches on a few priorities that we have established as important for us. One of them is Community. We want to be a community of churches where we build real and deep relationships with each other, but we also want to build relationships with our wider community—by serving you in any way we can.



The bible is full of servant language, much of it either written directly about Jesus, pointing towards him in some way, or encouraging his people to serve others like he did. One of the most famous phrases in the New Testament describes how Jesus ‘came not to be served but to serve’, which still strikes me as almost the most remarkable thing that anyone could possibly write about God.

And this has to be the model for the church, because if we say that we follow Jesus, and put him before anything and anyone, then we cannot possibly put ourselves above him by not choosing to do what he does. Because of this, we are including a questionnaire with this Free for All which we would love you to fill in and return to us, either to the Church Hall, the Vicarage, or to one of the other locations listed on the separate sheet: you can even fill it in online if you like!

We would love you to join in with us in working out how best the church can serve the villages: we want to hear from you, not just decide for ourselves, so please help us as we try to find ways to serve our wonderful community together.

You might have noticed on the front that we will be creating a brand new magazine from next month—one of the things we would like to do is include more articles about things that other organisations in the villages are up to, so please be in touch with us with your news and pictures so we can begin to build a real community resource. We hope it can be another way that we can continue to serve the villages in a deeper and more meaningful way.

With love from Rob

Churchwardens	Stoke Holy Cross & Dunston
	Viv (493438) & Peter (471529)
Arminghall	Caistor St Edmund
Pat (492622) & Annie (495580)	Jani (493572) & Graham (493430)

Thank you to the various members of our community who have been in touch recently to let us know of items which have been fly-tipped on church property—including a somewhat elderly caravan! We are grateful to those of you who keep your eyes peeled!

St George’s Hall bookings:	Joyce Williams 492143
Stoke Church Hall bookings:	Viv Carrington 493438
Stoke Holy Cross pavilion bookings:	Barbara Cattermole (Parish clerk) 530739

Thursday Club at St George’s Hall

Our next meeting will be held on Thursday 9th March, 2017. This will be our AGM. If you would like to come along and find out more about us please join us at 2pm on that day. You will be made very welcome.

Bingo, Our dates for March will be 1st, 15th and 29th, 1.30pm start

Carpet Bowls, Our dates for March will be 8th and 22nd, 1.30pm, cost £2

Poringland Community Cinema
SULLY (12A)
Friday 10th March
at Poringland Community Centre
Tickets £5 Includes tea or coffee before the show
Doors open 6.45pm film starts at 7.30pm
Tickets on sale at Budgens or the Library, or on the door.

Alpington & Yelverton Local History Society
Tuesday 14 March 2017
to be held at Alpington & Yelverton Village Hall, Church Road, Alpington
Ivan Cane on the topic of Taking Boats Uphill
Everyone is welcome to join us –
7.30 pm, Members are free, Visitors £3 at the door
(to include refreshments)
Contact Mary Fewster (Chairman)
01508 492059 for further details

Stoke Holy Cross Matinee Group	Thursday March 9th at 2pm Games and bookstall
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Caistor St Edmund

This month we are having the first Taize service of the year: join us on Sunday 5th March at 5pm for a simple service of music, prayers, and reflection. You can find out more about all things Taize at <http://www.taize.fr/en>.

This is the first of the three services which will be held this year. This service will be in addition to the normal service of Holy Communion at 9am.

Join us on Mothering Sunday for Family Holy Communion at 9am.



Arminghall

Arminghall will be hosting this year's Ash Wednesday service—Wednesday 1st March at 10am.

On the front cover there is information about the Lent breakfasts being held in Arminghall as part of our series of 6 around the churches.

Mothering Sunday service. 4pm 26th March in the church followed by refreshments.



Mothering Sunday

26th March

9am at Caistor Church

10.30am at Stoke Church Hall

4pm at Arminghall Church

There will be things to eat, presents for all the ladies, and things to do at all our services this Sunday— why not come along and spoil someone?

Services for March

1st March—Ash Wednesday

10.00am Ash Wednesday Service Arminghall

5th March—1st Sunday of Lent

9.00am Traditional Holy Communion Caistor St Edmund
10.30am Informal Holy Communion Stoke Holy Cross
5pm Taize Service Caistor St Edmund

12th March—2nd Sunday of Lent

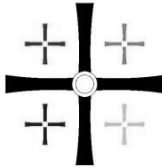
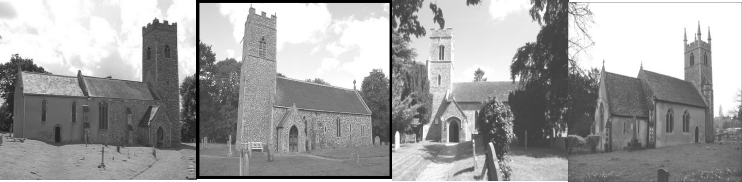
9.00am Traditional Holy Communion Arminghall
9.30am Praise and Worship Caistor St Edmund
10.30am Café Church Stoke Church Hall

19th March—3rd Sunday of Lent

9.30am Family Service Caistor St Edmund
11.00am Traditional Holy Communion Stoke Holy Cross
6.30pm The Gathering Stoke Holy Cross

26th March—Mothering Sunday (4th Sunday of Lent)

9.00am Family Holy Communion Caistor St Edmund
10.30am Sunday 4 Everyone Stoke Church Hall
4pm Mothering Sunday Service Arminghall



From the registers: Funerals

Edna Goodwin, Wednesday 22nd February, Stoke Holy Cross

Joan Barnard, Friday 24th February, Stoke Holy Cross

We continue to pray for the families of all those who have been bereaved recently, or at this time of year in the past. We are always happy to include any details of people in the villages whose funerals have taken place, even if they didn't happen in church or involve a member of our ministry team.

Vicar of The Venta Group

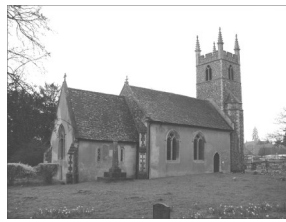
Stoke Holy Cross with Dunston, Arminghall and Caistor St Edmund
Rob Baker, The Vicarage, Mill Road, Stoke Holy Cross, NR14 8PA
rob@venta-group.org 01508 492305

Church Administrator Angela Bell admin@venta-group.org 01508 491619
(please ring Angela during office hours rather than evenings or weekends)

www.venta-group.org

 @venta-group

**Stoke Holy Cross
with Dunston**



Church is.....

**Language you
can understand**



....a place for everyone

Sunday 4 Everyone
10.30am in the Church Hall
4th Sunday every month



cafe church

Sunday 12th March
10.30am
Stoke Church Hall
Breakfast, chat, songs, craft,
prayer, thought for the
day...

Sparklers
Sparklers welcomes all babies,
toddlers and pre-schoolers with
their parents & carers.
Tuesdays 10-11.30
in school term
Stoke Holy Cross Church Hall


 **Sparklers Stoke Holy Cross**

St George's Hall Dementia Support Café


Providing a comfortable, caring and supportive social setting for people suffering from dementia and their carers, the St George's Dementia Support Group: March dates are the 13th and 27th

- offers friendship, emotional support, refreshments and a variety of enjoyable activities to inform, stimulate and entertain, plus occasional subsidised group excursions
- incorporates an optional Carer's Meeting to provide invaluable sharing of ideas, practical support and advice
- meets on 2nd and 4th Mondays of each month (not Bank Holidays) - 10am to 12pm midday at St George's Hall, Long Lane, Upper Stoke Holy Cross, NR14 8ND (on-site parking)
- is run by a team of dedicated volunteers and supported entirely by donations, grants and fund-raising activities

further details - 01508 493661 / 01508 492938 or why not simply drop in to one of our meetings? (New volunteers also always welcome!)



We always do our best to stop and say hello to new people moving into the villages where possible, and are happy to come and visit if you would like us to pray God's blessing over your new home, for example. Please be in touch with Rob or the churchwardens if you would like us to come and see you..



Stoke Holy Cross Church Hall
Monday 9.00-1.00
Wednesday 1.15-4.15