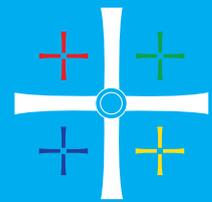


# Free for All



THE MAGAZINE OF THE VENTA GROUP

SEPTEMBER 2017



## New Wine Summer UNITED Christian Festival and Conference

*I have a greater sense of the need to pray more and seek God's solutions to local and global problems.*

*I feel my faith has come alive again.*

*I absolutely loved being with so many Christians from all different denominations and back grounds.*

Did you see the "Songs of Praise" broadcast from New Wine shown on Sunday 13th August – if not, you might still find it on BBC Iplayer?

Ten members of Stoke Holy Cross church were fortunate enough to be able to attend the wonderful Christian Celebrations and also enjoy some great Teaching, along with 14,000 others at the Bath and West Show Ground in Somerset. The photos below are of some of those who went along with Rob (our vicar), Jonathan (9) and Samuel (4). We all had a great time and included are just a few of people's comments on the event.

*I feel I have come away with a renewed desire to grow closer to Jesus.*

*Yes there were a huge number of people there and the weather was rather wet at times but the worship was amazing and the teaching was excellent.*

*The children absolutely loved the great activities and teaching put on for them by the teams of volunteers.*

*We heard about lots of miraculous healings taking place during the event and from previous years.*

**WOW!**

*I can't wait to go again next summer.*



*I met some lovely people and shared some great stories of God working in people's lives as I queued for the great coffee.*



**STOKE HOLY CROSS  
CAISTOR ST EDMUND  
and  
ARMINGHALL ST MARY  
OPEN DAY  
GIFT DAY and CELEBRATION**

**Saturday 23rd September**

Come and explore your local churches  
Everybody is welcome

Please do look at the separate leaflet  
for more detailed information

**HARVEST SERVICES**

There will be harvest services  
in all three villages

on

**Sunday 24th September**

More information on times in the  
various churches can be found in the  
Services list on page 5 of this  
Free for All magazine



**Stoke Holy Cross  
Allotment and Leisure  
Gardens Association**

**Early Autumn Show  
Sunday 10th September 2017**

Entries to school between  
8am and 11.00 am Sunday 10th Sept

Doors open for show at 2.00pm  
For Further Information  
Len Finch 01508 492253

ARMINGHALL, CAISTOR ST EDMUND, STOKE HOLY CROSS with DUNSTON

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## Fields of Gold

The London World Athletics Championships have just finished and Great Britain and Northern Ireland won a gold medal. Not exactly a field of gold but it led to celebrations by many. The Championship also however, saw disappointment. Athletes who had trained and entered with high hopes of winning a medal were disappointed. Some who were finishing their careers, like Usain Bolt, will never have the opportunity again. There have however been fields of gold nearer to home.

Have you like me travelled up Long Lane and marvelled at the sight? The fields turn golden as the harvest ripens to a sight to gladden our hearts as we travel around in the summer months in particular. They are beautiful. The sight of them though brings back memories too, like my memories of the lovely golden voice of Eva Cassidy singing "Fields of Gold" on the radio. The song travelled around the world after her death from melanoma in 1996. It is a love song about commitment in a relationship, originally recorded by Sting but for me it's Eva's rendition that I love, the words touching me every time. I know my mum loved it too and Terry Wogan seemed to always be playing it on the radio. Sadly neither is here now.

The words particularly touched me when I heard the song at my manger's funeral in 2009. She too had died like Eva, within six

months of being diagnosed with cancer. I like others at the funeral were sad and asking why, why should someone so talented and dedicated to her job die at 58? I still do not know why but I do know the song reminds me today of another story. Yes, the fields of gold are beautiful, but I need to look beyond the fields. The fields have been planted, nurtured and cared for by human hands but sustained by God who has created every plant and human being. The God who sent his Son Jesus to epitomise love and commitment to us, in all the seasons of life. Jesus who was dedicated to doing his Father's will, who died at a relatively young age in order to draw us into a relationship of hope. A hope that does not disappoint.

This month of September sees allotment holders holding their annual show, displaying the fruits of their labour. This month also sees the churches gathering together to celebrate and be thankful for the harvest and what God has given us. September will also be tinged with sadness for some as we remember in our service of Remembrance and Thanksgiving those who have died and we see no more. A month of events mirroring life, celebrations and disappointments. Whatever this month holds for you, if you have been touched by the fields of gold in Norfolk please come and tell us what they mean to you either at one of our services or at the Venta Group churches Open Day on 23 September.

### VICAR OF THE VENTA GROUP

Stoke Holy Cross with Dunston, Arminghall and Caistor St Edmund  
Rob Baker, The Vicarage, Mill Road, Stoke Holy Cross, NR14 8PA  
rob@venta-group.org 01508 492305

### CHURCH ADMINISTRATOR

For any admin inquiries please email [admin@venta-group.org](mailto:admin@venta-group.org)  
or call Rob on 01508 492305

[www.venta-group.org](http://www.venta-group.org)

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### CHURCHWARDENS

**Stoke Holy Cross & Dunston**

Viv (493438) & Roy (493595)

**Arminghall**

Pat (492622) & Annie (495580)

**Caistor St Edmund**

Jani (493572) & Graham (493430)

### ST GEORGE'S HALL BOOKINGS:

Joyce Williams 492143

### STOKE CHURCH HALL BOOKINGS:

Viv Carrington 493438

### STOKE HOLY CROSS PAVILION BOOKINGS:

Barbara Cattermole (Parish clerk)  
530739

### FROM THE REGISTERS

#### FUNERALS

**Gordon Nichols**

*Wednesday 9th August*

Caistor St Edmund

**Elizabeth Lester**

*Thursday 10th August*

Earlham

#### BAPTISM

**Louise Collins**

*Sunday 20th August*

Caistor St Edmund

We continue to pray for all those who have lost loved ones recently, or are remembering someone particularly at this time of year.

We are always happy to record the names of anyone from the villages whose funeral has been held recently, even if it wasn't taken by a member of our ministry team.

### NEXT EDITION

Items for the next month's magazine please send by email to Henry and Eostre Caswell by email to

[ventafree4all@outlook.com](mailto:ventafree4all@outlook.com)

By 10th of this month please.

The 10th of the month will be the deadline for all copy for the next magazine for the time being.



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## Caistor

On Sunday 30th July Radio Norfolk Treasure Quest used Caistor St Edmund Church as the second place for placing the clue for the treasure hunt. As the Queen Anne Coat of Arms Hatchment had just been returned to the church after restoration, this is where the clue was hidden and was found without too much difficulty by Sophie Little. Speaking on the radio after the clue had been read out, Churchwarden Graham Ford, was able to say something about why the Hatchment was in the church and also give a mention that Cream Teas were

taking place in the church all of the Sundays in August. This is the third time Radio Norfolk have used the church to hide a clue for the Treasure Quest.



## 'Picnic with Music'

On Aug 4th Caistor Church organised a very enjoyable 'Picnic with Music' event attended by 200 local people who brought tables, chairs and picnics (more like banquets in some cases!)

We thank Antony and Ann Jarrold who hosted the evening in their wonderful garden at Caistor Old Hall.

Everyone was entertained by Stacy Collins, one of Norfolk's top performers, who sang a wonderful collection of 'easy listening' songs accompanied by Simon Brown on keyboard.

The evening was a great success raising £3,300.

Thank you to everyone for their support.



## SERVICES FOR SEPTEMBER IN THE VENTA GROUP OF CHURCHES

<b>3rd Sept</b>	<b>12th Sunday after Trinity</b>
<b>9.00 am</b>	Traditional Holy Communion Caistor St Edmund Church
<b>10.30 am</b>	All Age Holy Communion Stoke Holy Cross Church
<b>4 pm</b>	Traditional Holy Communion Dunston Church
<b>10th Sept</b>	<b>13th Sunday after Trinity</b>
<b>9.00 am</b>	Traditional Holy Communion Arminghall Church
<b>9.30 am</b>	Praise and Worship Caistor St Edmund Church
<b>10.30 am</b>	Café Church Stoke Holy Cross Church Hall
<b>17th Sept</b>	<b>14th Sunday after Trinity</b>
<b>9.30 am</b>	Family Service Caistor St Edmund Church
<b>11.00 am</b>	Traditional Holy Communion Stoke Holy Cross Church
<b>24th Sept</b>	<b>15th Sunday after Trinity</b>
<b>9.00 am</b>	Family Service Harvest Festival Caistor St Edmund Church
<b>10.30 am</b>	Harvest Sunday 4 Everyone Stoke Holy Cross Hall
<b>4.00 pm</b>	Harvest Service Arminghall Church

*We always do our best to come and say hello to new people moving into the villages where possible, and are happy to come and visit if you would like us to pray God's blessing over your new home, for example. Please be in touch with Rob or the churchwardens if you would like us to come and see you...*

**ST REMIGIUS CHURCH  
DUNSTON**



Our traditional Holy Communion at Dunston church will continue at 4pm on 1st Sunday of each month until October. The next one is on 3rd September so please do come along and join us at this lovely little church in the woods.

**VENTA GROUP ANNUAL  
SERVICE OF REMEMBRANCE  
AND THANKSGIVING**

On Wednesday 20th September at 7pm the VENTA GROUP annual service of Remembrance and Thanksgiving will be held in Caistor St Edmund Church. The service is for anyone who has lost a loved one, not only in the last year, but also in previous years. A time for reflection, remembering, giving thanks and to light a candle in memory of those who are no longer with us. Refreshment will be served after the service.

**PORINGLAND  
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*Friday 8th September*

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Tickets £5

Includes tea or coffee before the show

Doors open 6.45pm film starts at 7.30pm

Tickets on sale at Budgens, the Library or on the door

**BUENA VISTA SOCIAL CLUB**

At Poringland Community Centre

*Friday 1st September*

**FILM NIGHT**

*Friday 3rd November*

**QUIZ AND SUPPER NIGHT**

Up to 6 people per team

Tickets £8 per person

doors open 6.45pm starts at 7.30pm

To book your place by 22nd September contact Maureen on 01508 494358 or Carol on 01508492630

# A New Community Building for Stoke Holy Cross

In recent household surveys, a large majority of residents in Stoke Holy Cross supported the idea of a new community hall on the Lower Stoke playing fields. The existing pavilion was built nearly 40 years ago and although used daily by the pre-school, is now becoming too small and badly needs updating.

Stoke is also rapidly expanding and approximately 150 new houses are scheduled to be built in the village over the next few years. This represents a 50% increase in the number of houses in lower Stoke, which is bound to put additional pressure on the existing halls and community facilities in the village.

Fortunately, the new housing in the village has been accompanied by a sum on money that is available to the Parish for community facilities. The Parish Council has therefore been carrying out feasibility studies to see what type of replacement hall could be built and how much additional money will be

needed to build one that would meet our purposes. Many suggestions were made in the surveys for activities that could take place in a new hall and there clearly is a great desire and wish to improve what we have at the moment.

We would like to hear and discuss the views of villagers, on this and we will be arranging a public consultation event in the Autumn, when plans for a new hall will be available. In the meantime, any residents who would like to help with this project please contact us. The New Pavilion Working Group needs assistance, particularly with fund raising and project management.

Anyone who can spare some time to help with this very important project for the village, would be very welcome. Please contact the Parish Clerk, Barbara Cattermole, at [stokeholycross.pc@tiscali.co.uk](mailto:stokeholycross.pc@tiscali.co.uk) if interested.

**G Davies:**

Chairman New Pavilion Working Group

## St George's Hall Dementia Support Cafe

A comfortable, caring and supportive social setting for people living with dementia and their carers meeting on 2nd and 4th Mondays of each month (not Bank Holidays) from 10am till 12 noon at St George's Hall, Long Lane, Upper Stoke Holy Cross, NR14 8ND.

We run occasional subsidised excursions. Also included is a separate carers' meeting place providing an adjoining space to relax and useful for sharing of ideas, practical support and advice. The Café is run by a team of dedicated and caring volunteers, and funded entirely by donations, grants and fund-raising activities.

The dates for September get together are September 11th when we will have a sing-a-long and on 25th we will have a filmshow both dates at St George's Hall. For further details please ring 01508 493661 or 492938.



Newcomers are always very welcome to simply drop in to the Café (or ring one of the above numbers before to learn more if you wish). And we are naturally delighted to welcome any new volunteers, even if you can't come every time.

[www.stgeorges-dementia-support-group.btck.co.uk](http://www.stgeorges-dementia-support-group.btck.co.uk)

We would love to feature your village organisation  
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# Arminghall



The coffee morning at Annie and Stan's made £148.62 for church funds. Thank you to all who supported us.

Please keep collecting and knitting for The Shoebox Appeal. The packing and Special Service will be in October.

We are still collecting stamps for The Hearing Dogs. Keep them coming.

The Harvest Service will be on 24th September at 4.00pm. All are welcome.

The latest and youngest edition to Arminghall is Blake Theodore. He was born to proud parents Sophie & Simon Harvey on the 15th June. Welcome Blake!

# Caistor St Edmund

On Saturday 29th July a one off "Afternoon Tea", organised by Jenny Pitchford, was held in Caistor St Edmund Church. From the comments in the visitors books afterwards it was greatly appreciated with many words of praise from those who attended. A big thank you to Jenny, who not only organised the afternoon, but also prepared all the food herself. £173.00 was raised for church funds.

Following the success of the "COME for COFFEE" at Caistor St Edmund Church in May and June, we are doing this again on all the Thursdays in September, (7th/14th/21st/&28th). Same time 10am to 12 noon. As last time, it is all very informal

and just the opportunity to chat with friends and perhaps make new friends, and of course there will be cake also. Do come along we would love to see you.

The Caistor St Edmund Harvest Festival Service will be a Family Service Harvest Festival on Sunday 24th September at 9-00am. As in previous year all the gifts will be given to Elizabeth House (previously Grange Range Children's Home) Beccles. It would be appreciated please if you can bring gifts to the service of fruit, (in tins is ok) vegetables, biscuits etc as we hope some of the young people will be at the service and then they will be able to return to Beccles with them. Thank you.

# Stoke Holy Cross Thursday Group

Our next meeting will be held on Thursday 7th September, 2017. We meet in St. Georges Hall Upper Stoke Holy Cross 1.30pm for 2pm.

Come along and join us for an enjoyable afternoon of tea, chat, cards or dominoes. You will be made very welcome. We hold a tabletop sale and raffle each month at the meeting.

We will be joining the Poringland Good

Companions this month on Thursday 17th August in the community centre 1.30pm onwards. Pam always makes us very welcome.

**Bingo** Our dates for September are Wednesday 13th and 27th of September, 2017 - Eyes down 1.45pm

**Carpet Bowls** Our dates for September are Wednesday 6th and 20th September, 2017 - 1.30pm start - cost for this is £2

Stoke Holy Cross Parish Council keeps an email list of residents who have agreed from time to time to receive notices and information from the Council. If you wish your name and contact details to be added to the list for occasional emails please contact the Clerk; stokeholycross.pc@tiscali.co.uk. Your details will be kept confidential and not shared with anyone else and you may unsubscribe at any time.

## PORINGLAND AND DISTRICT W.E.A - LEARNING FOR LIFE!

Autumn Term 2017

### "Our Star System and Beyond"

given by Glenn Barrett

What amazing objects make up our star system and can we see them? We shall consider our nearest neighbours and then move out into our galaxy and beyond.

*No scientific knowledge required!*

Starting Thursday 14th September 2017, 10.30 am at Poringland Community Centre, Overton's Way, Poringland, NR14 7WB. The course comprises 10 sessions of one and a half hours each, plus a short break for tea/coffee and biscuits. The cost is £54.00 for the course - free to those on certain means tested benefits. No tests or exams! Come along to the first session and see if you like it!

You can also enrol online at [www.wea.org.uk/eastern](http://www.wea.org.uk/eastern)

For further information please phone Jane Walker on 01508 494381 or Sue Krey on 01508 492930

**Do come along and join us!**

## CLUB CASCADE FOR SENIOR CITIZENS

19 September

**The countryside in Autumn with Tony Brown**

2.00 - 4.00 pm

£2.00 to include refreshments  
Alpington & Yelverton Village Hall,  
Church Road, Alpington NR14 7NU

## ALPINGTON & YELVERTON HISTORY SOCIETY

Village Hall, Church Road,  
Alpington NR14 7NU

Tuesday 12 September 7.30 pm

Natasha Harlow of Nottingham University will be talking to us on 'Belonging and Belongings in the Land of the Icenii', which is about the Roman site at Caister St Edmund. Natasha comes from the Norwich area, previously working at Dragon Hall and for HEART, and is now completing her doctorate on the information from small finds at Caister. Refreshments will be served. Guest fee £3.00

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STOKE HOLY CROSS CADET  
AND BADGER DIVISION**

Unit Cadet Leader Calum Hardy welcomed Jamie Mather District Youth Lead for North Anglia and Area Manager Ben Wise along with parents and friends to the Annual Presentation and Enrolment evening at Framingham Earl High School.

John Waterfield and Eva Atkin - Barter were enrolled as Cadet Members by Jamie Mather.

Isabel Leaberry and Alexandra Mosedale were awarded Bronze Award Certificates, Jess Leaberry and Ruby Staton received their Gold Award Certificates

Many Certificates were presented for First Aid and various Proficiency Subjects.

Jess Leaberry and Ruby Staton received their Grand Prior Award Certificates from Jamie Mather. This is the highest award a Cadet can achieve and they will have an official presentation at a later date.

Tom Leaberry received his Certificate for 50 hours Service.

Alice Leeder, Lois Waller, Harry Leeder and Camber Rees were enrolled as Badgers by Jamie Mather.

Badger Leader Hannah Mace presented Alex Hill, Alice Leeder and Lois Waller with their Bronze Paws, Eva Slowther, Olivia Culley, Bree Leaberry and Livy Thurston with their Silver Paws and Lucas Cogman with his Gold Paw.

Badger Subject Certificates for Healthy, Communicate, Safety and First Aid were also presented.

The Badger Trophy was awarded to Eva Slowther. For the Cadets Ruby Sington received the Uniform Shield and Ruby Staton was awarded the David Warren Trophy. As Best Newcomer to the Division the Ann Green Trophy was awarded to Willow Norton. Calvin Thompson was the first recipient of the District Youth Officer's Award.

The evening concluded with refreshments.

If you are between the ages of 7 and 16 and are interested in joining our Division, or if you can help in anyway please contact Margaret Peters 01508 492360 for further information.

# GIRLGUIDING in Poringland, Brooke and Alington

Girlguiding is the leading charity for girls and young women in the UK. Our amazing volunteers inspire girls to find their voice and be their best. They work directly with Rainbows (aged 5-7), Brownies (aged 7-10), Guides (aged 10-14) and The

Senior Section (14-25) at Unit meetings or in a variety of roles supporting leaders within Poringland, Alington and Brooke.

If you want to register your daughter's interest in joining or to become a volunteer yourself, please visit [www.girlguiding.org.uk](http://www.girlguiding.org.uk).

Are you all pumped up and ready to go for this?!!

## The annual Norfolk Churches Trust Bike, Ride and Drive Saturday 9 September 2017

Pump up your tyres, dust off your walking boots, pack a picnic and plan a route from your own door to visit as many of the most beautiful churches in Norfolk as you can. **PLUS** you can raise money shared between your own church and to help the Norfolk Churches Trust preserve church buildings for future generations. Simply get sponsored for each building you visit or make a donation.

More details online at [www.norfolkchurchestrust.org.uk/bike-ride](http://www.norfolkchurchestrust.org.uk/bike-ride)

## Wordsearch

[thewordsearch.com](http://thewordsearch.com)

We hope you enjoy solving this wordsearch which is based on one of the psalms that Jesus also talks about in the bible.

### Psalms 62

L	R	T	U	O	P	E	O	P	L	E	T	S	C
J	E	R	E	W	A	R	D	L	U	O	S	F	F
A	F	T	Y	E	B	L	U	E	R	R	U	U	E
S	U	U	P	S	A	L	V	A	T	I	O	N	N
A	G	J	T	U	R	E	E	Y	L	O	V	E	C
E	E	N	E	O	F	L	T	S	R	I	D	R	E
V	E	D	O	L	N	J	R	F	S	E	S	T	F
E	L	L	T	H	B	E	D	O	E	I	S	P	V
R	T	R	U	S	T	S	O	T	T	O	E	O	H
Y	D	I	V	A	D	U	G	F	W	U	R	W	E
O	N	S	D	T	T	S	T	S	E	R	T	E	A
N	F	Y	L	U	R	T	S	E	B	H	R	R	R
E	U	N	F	A	I	L	I	N	G	O	O	F	T
A	L	S	H	O	P	E	E	U	P	R	F	U	S

- TRUST
- FORTRESS
- EVERYONE
- REST
- BLESS
- JESUS
- FENCE
- REWARD
- TRULY
- UNFAILING
- HEARTS
- HOPE
- LOVE
- REFUGE
- SOUL
- SALVATION
- PEOPLE
- GOD
- POWER
- DAVID

Play this puzzle online at : <http://thewordsearch.com/puzzle/265685/>



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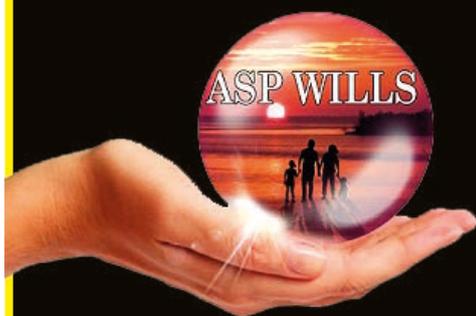
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